



After Your Botox Treatment

1. Avoid manipulating or rubbing the injection site for several hours. This can cause the Botox solution to migrate, making it more likely to impact areas beyond the desired muscles.
2. Avoid exercising or excessively using the targeted muscle for at least 4 hours after the Botox injection procedure.
3. Avoid lying down or bending forward for at least 4 hours after the injection procedure. These actions can cause migration of the solution and can lead to complications and undesired outcomes or effects.
4. While you may see results in as little as 48 to 72 hours after injection, this is not typical. The majority of patients do not notice full impact from the treatment for 7 to 14 days. You should wait at least 30 days before deciding if you want additional treatment to avoid over-treating an area.
5. Although exceptionally rare, an allergic reaction to Botox is possible. If you notice excessive skin redness, excessive swelling or a developing rash, call Dr. Gage's office immediately at 314-251-4530. You should also contact Dr. Gage if you experience puffy or very swollen eyes, a severe headache or other adverse reactions.
6. Please feel free to contact our office with questions, comments or concerns at any time following treatment. We want you to be safe, happy and completely satisfied.